Hello ISC NATION!

First of all, HAPPY MOTHERS DAY to all of our amazing ISC SOCCER MOMS! Thank you for your support, encouragement guidance and LOVE... We (players and coaches) could not do it without you!

Thank you to those of you who attend our parent meetings during past two weeks for all U9-18s... I will be following up this week by sending meeting re-cap notes for all age groups, the 2020-2021 seasonal commitment survey and the next round of spring invoices adjusted for COVID-19 and covering May 4-Jun 7. More details about the plan for June/July were shared during the parent meeting and will be re-capped in the follow up emails this week.

As some of you heard, I am participating on the Governor's task force for Responsible Restart Ohio – in particular, regarding return to play for recreational & competitive Sports. We are currently putting together guidelines for the Governor and his team's consideration. Good news is that they are working om a return to play plan for June/July. As you can imagine, it is an interesting and tedious process and I will keep you up to speed as I learn more.

Week 9 GUIDED ACTIVITY PLAN (GAP) + GK Specific GAP:

- U13-U19 GAP linked here for the Week of May 3-May 10
 - Click for Printer Friendlier Version 2 slides per page
- U9-12 GAP linked here for the Week of May 3-May 10
 - Click for Printer Friendlier Version 2 slides per page

Week 9 Action:

• VIRTUAL CAMP: on May 15-16 we will be holding our first ever virtual camp! You do not want to miss out on this exciting training and learning opportunity. All details are in the GAP plan ... click here to SIGN UP TODAY!



- Guest Speakers & Mentoring: week two of our ALUMNI Series was fantastic with Gabby,
 Sydney and Jess! So many great messages from strong, female role models! This week we
 are excited to welcome current NWSL professionals during our Virtual Camp... Christen
 Westphal and Emily Ogle will be joining us. Click on their names to learn more.
- College Recruiting Corner: Check out our new college recruiting section on <u>our virtual</u> training page. We have added our <u>second edition of our Recruiting Times</u>
 Newsletter. Check it out!

Additional Club Resources:

- Schedule Updates & Additional Club Resources: Visit our virtual training page regularly to keep up to date with all club-wide communications, resources, schedule updates and virtual training info during the COVID-19 restrictions.
- Social Media: reminder to follow us and re-post/share our stories! We are utilizing our social media channels to share club messaging and inspiration internally as well as outside of our club. We have an amazing group of teams, players, families, and coaches and we want to everyone to feel the ISC LOVE! Consider following/subscribing! Even if you don't use the Apps, you can view our content on the web without an account: ISC Twitter; ISC Instagram; ISC Facebook
- Player-Centered Webinars: There are some very good online resources/webinars being hosted by various organizations free of charge. There are many good player-centered topics addressed: college recruiting, sports psychology, goalkeeping, leadership, time management, individual training, Q&A with former Professional and National Team players, etc. We encourage players and parents look through the topics and pick a few that resonate with you what are you curious about? What would you like to learn more about? Visit the links below to browse the topic listings & learn something new today!
 - US Club Soccer Player's First
 - Ohio North Youth Soccer Association
 - AmericaScores United Coaches Summit
 - SportsRecruits

Stay Safe, Keri